Dear Parents and Guardians,

At New Horizon Center, the health, safety and well-being of our students and staff is our top priority. According to the Illinois Department of Public Health (IDPH), at this time, the health risk to the public from coronavirus continues to remain low. Currently, the IDPH recommends schools hold classes and events as usual, and follow routine cleaning and disinfecting procedures; no special measures are necessary.

At NHC, we will continue to be diligent with all of our cleaning practices in our schools. This includes daily sanitization of high-touch surfaces such as doorknobs, faucets, etc. Staff members are reminded to promote universal precautions among students, including frequent hand washing. At this time, there is no recommendation to close schools.

Here is how you can help in preventing the spread of the coronavirus:

- If your child is sick, please keep him/her home. Please see the attached NHC health guidelines.
- Wash your hands often with soap and water using good hand friction for at least 20 seconds.
- Wash your hands before eating, after blowing your nose, after coughing or sneezing and especially when using a public lavatory.
- Wash your hands after commuting on public transit.
- If soap and water are not available, use alcohol based hand sanitizer with at least 60% alcohol.
- Avoid close contact with people that are sick.
- Cover your cough or sneeze with a tissue, dispose of the tissue immediately in the trash, and then wash your hands.
- Do not share eating utensils, beverage glasses or cosmetics.
- Clean and disinfect surfaces.

More information about the symptoms and transmission of the virus can be found at the following:

http://www.dph.illinois.gov/

https://www.cdc.gov/

https://www.chicago.gov/coronavirus

Sincerely,

Edward O'Neill, School Principal

Maria Del Rivero, School Registered Nurse
NEW HORIZON CENTER HEALTH GUIDELINES

At New Horizon Center, we do everything possible to ensure that your child receives the best in all areas of the program during a school day. However, there have been times when a student is not feeling well and will be required to stay home. The following guidelines have been prepared to assist you in the event that your son/daughter becomes ill. Remember to call the attendance line 773 286 6226 Ext. 202 to report an absence. At the nurse’s discretion, in the event that your child becomes ill during school hours, the parent/guardian will be required to pick up his/her son/daughter, please ensure that you have a backup plan. Emergency information, along with any medication changes should always be kept updated. Contact the school nurse to report any changes.

TEMPERATURE: Elevated temperature (100 degrees F or more) student will be sent home. Student must remain temperature free below 100 degrees F without fever medicine for 24 hours before returning to school.

COLD/FLU Student needs to remain home if he/she has an elevated temperature, difficulty breathing, cough, sore throat, runny nose, headache, body aches, or fatigue.

VOMITING: If student vomits more than once, he/she will be sent home. Students must remain at home for 24 hours and must be able to tolerate food before returning to school.

PINK EYE: (Conjunctivitis) Pink/redness of the eyes, with white or yellow discharge on the lids; eye pain; redness of the eyelids or skin surrounding the eye may be signs/symptoms of Conjunctivitis. Student needs to remain at home until 24 hours after treatment begins, or he/she is examined by a physician and approved for readmission to school.

CHICKEN POX: (Varicella) Student is able to return to school 7 days after the eruption of the last vesicle; all vesicles must be dry/crusted.

STREP THROAT: If there is a positive throat culture, student may return to school 24 hours after starting antibiotic treatment with documentation from the physician regarding treatment and authorization to return to school.

DIARRHEA: If a student has more than one watery stools a day, he/she needs to stay home for 24 hours. Student may return to school after diarrhea has subsides and no other signs/symptoms of illness exist. If more than one watery stool occurs while student is at school, student cannot remain in school. Parents will be called to pick up the student. Please note, if you plan to give your son/daughter a laxative, please ensure that he/she is home and not at school.

RASH: Student needs to remain at home or be evaluated by a physician. Student needs to present a doctor’s note stating rash in non-contagious or diagnosis and treatment if any.